

## ***NEEDED FOOD ITEMS***

Canned Vegetables and Fruit	Canned Beans
Peanut Butter (plastic containers best)	Pasta and Rice
Jelly or Jam (plastic containers best)	Canned Soup
Canned Meats (tuna, chicken)	Macaroni and Cheese
Cereal and Oatmeal	Coffee or Tea
Spaghetti Sauce (like: Hunts 26 oz can)	

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## ***NEEDED HYGIENE ITEMS***

Shampoo & Conditioner	Toilet paper
Bar soap	Combs
Deodorant	Tooth paste
Diapers – all sizes	Tooth brush
Baby wipes	Razors
Feminine Products (pads)	Shaving Cream

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## ***NEEDED FOOD 4 KIDS ITEMS***

Macaroni and Cheese (boxed)	Juice Boxes (or pouches)
Peanut Butter & Jelly (plastic containers)	Canned Soup
Pudding Cups (lunch box size)	Fruit Cups (lunch box size)
Milk, 1 qt (shelf stable non-refrigerated)	Pop Tarts
Snack Bars (cereal bars, granola bars, etc.)	Cereal (variety pack, single serving)
Crackers (filled with peanut butter or cheese)	Canned Meat (tuna, Vienna sausages, chicken, etc.)
Canned Pasta, 14-15 oz (Spaghettios, Ravioli, Beefaroni, etc.)	Snacks (pretzels, cookies, raisins – all single servings)

Note: please no candy